

Teenagers Don't Come with Instructions



Guiding Good Choices

Free 5 week workshop

Earn a \$10 gift card at the end of the course.

Classes Online mornings and evenings starting August 25, 27 10-noon or 6-8 pm

Prizes for the Kids!

Caregivers of Children 9-14 yr olds

To register: German Ochoa - 385.210.4450 or gochoa@slco.org



EVIDENCE SUCCESS

KEARNS COMMUNITY

Guiding Good Choices

Week 1: Prevent Drug Use in Your Family

Week 3: Avoiding Trouble with Friends

Week 5: Strengthen Family Bonds

Week 2: Set Family
Guidelines and Expectations

Week 4: Managing Conflict



5 meetings can reduce substance use and other troubling behaviors for the next 10 years of your child's life.

